

Set Apart: The Year of Supernatural Fruitfulness, 2023



How to Do a Biblical Fast

Biblical fasting can be defined as abstaining from food for spiritual purposes. Simply going without food because it is not available or because of medical reasons is not biblical fasting. There must be a spiritual motivation to qualify a fast as Scriptural.

John Piper writes in his book *Hunger for God*: "Christian fasting, at its root, is the hunger of a homesickness for God. Christian fasting is not only the spontaneous effect of superior satisfaction in God, it is also a chosen weapon against every force in the world that would take that satisfaction away."

Some Biblical Examples and Purposes of Fasting

- Jesus fasted to acknowledge His dependence and to gain spiritual strength through reliance on the Holy Spirit and God's Word. He did this before He began His public ministry (Luke 4:1,2).
- Nehemiah fasted for confession, repentance, and favor in the sight of the king to get permission to rebuild the walls of Jerusalem (Nehemiah 1:4).
- David humbled himself for God to intervene because of injustice (Psalm 35:13). In 2 Samuel 12:17,23, he fasted for healing and miraculous intervention.
- Mordecai and the Jews fasted upon hearing news of Haman's wicked plot for their extermination (Esther 4:3).
- The Early Church fasted while worshipping and committing their ministry to the Lord. They also sought the Lord through fasting for guidance, confirmation and the appointment of elders (Acts 13:2; 14:23).
- Jesus expected His disciples to fast, but He did not command it (Matthew 6:16).

Wrong Motivations in Fasting:

- To be seen by others (Matthew 6:18). "The critical issue is not whether people know you are fasting but whether you want them to know so that you can bask in their admiration."
- To be justified by God (Luke 18:12-14). There once were two men. One said, "I fast twice a week." The other said, "God be merciful to me a sinner." Only one went down to his house justified.
- To be commended to God (1 Corinthians 8:8). Food will not commend us to God; we are neither the worse if we do not eat, nor the better if we do eat. Fasting does not cause us to "earn" something from God, but it helps us to be more receptive to what He wants to do in and through us.

Right Motivations for Fasting:

- Repentance.
- Spiritual strength against an enemy attack.
- To break demonic bondage. "This kind does not come out except by prayer and fasting" (Matthew 17:21, Holman Christian Standard Bible).
- To awaken a spiritual hunger for God that may be dulled because of a "desire for other things."
- To test and see what desires control us.
- To forfeit good things for the better and best.
- To express our ache for His return. Jesus said, "I have food to eat that you know nothing about" (John 4:32, New International Version).
- To demonstrate our love and desire for God above all things (even His gifts).
- To divide our bread with the poor. "To house the homeless poor, to loosen bonds of wickedness, to let the oppressed go free" (Isaiah 58:6,7).

There are three types of fasts commonly practiced by Christians:

1. Partial fast or “Daniel Fast”— Described in the book of Daniel where for three weeks he abstained only from “delicacies,” meat and wine (Daniel 10:3).
2. Supernatural fast – These are total fasts--no food (solid or liquid) and no water. Paul went on an absolute fast for three days following his encounter with Jesus (Acts 9:9). Moses and Elijah engaged in a supernatural absolute fast of forty days (Deuteronomy 9:9; 1 Kings 19:8). This kind of fast should be done with great care. Our bodies cannot go without water for more than three days.
3. Complete fast – Water or juice fasting, especially when fasting for an extended period. Juice fasts will provide you with more energy than water-only fasts and still lead you into the humbling experience of denying your desire for solid, chewable food.

Getting into a Fast: For new beginners in fasting, start slow. Progressive steps help our body to be accustomed to the drop-in food intake. You can start by fasting for one meal a day, one day a week or one week a month.

Before the Fast: Those planning for an extended fast (more than 14 days) should prepare mentally and physically by cutting down on food intake one week before the actual fast and take on a vegetarian diet to control cravings for food. You should reduce strong beverages like coffee, tea or coke as well. Drink plenty of water.

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During the Fast: Spend the time that you would normally use for meals to pray and seek the Lord. Keep a journal on what the Lord has been showing and speaking to you.

Continue to drink plenty of water. Apple or watermelon juices are great morale boosters. Sleep early--the first few days of the fast are usually the most challenging. Persevere through this period. Consult your doctor if you are unsure of any headaches or body reactions.

Ending the Fast: Breaking extended fasts should not be done abruptly. Start by taking small portions of food or liquids. Pace yourselves to return slowly to your normal diet in about a week.

The Daniel Fast: The Daniel Fast is based on verses from the Bible found in Daniel 10:2-3. "At that time I, Daniel, mourned for three weeks. I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over." These three weeks refer to the observance of Passover and the Feast of Unleavened Bread, which take place during the first month of the year (Exodus 12:1-20).

Some also may cite the example in Daniel 1:8. However, in this verse Daniel did not want to eat the king's delicacies because it would have included food that was forbidden by the Mosaic Law (Leviticus 11); to eat it would be defiling his body. Another reason would have been because the king's meats had probably been dedicated to the false Babylonian idols as was their practice. Daniel believed to do so would have been to acknowledge their idols as deities, against God's commandments.

While the Daniel Fast is cleansing your body by omitting certain foods for a limited time, the deeper and true basis of intent is for spiritual connection. The purpose of Christian fasting is to seek a more intimate relationship with God while ridding your physical body of unnatural, self-gratifying food and drink. Your focus is to

be on God, not on the fleshly things of the world. Too often, the focus of fasting is on the lack of food. Instead, the purpose of fasting should be to take your eyes off the things of this world to focus completely on God.

During the Daniel Fast you will want to concentrate on prayer, Bible study, and reflection. The Daniel Fast is a great way to enter into preparation for growing in the Lord.

If you have a medical condition or are undergoing any medical treatments it is advisable to first consult your physician. You may also want to pray, consult a mature Christian or your pastor before fasting. Remember, fasting should be periodically and for limited days.

The basic guidelines for the Daniel Fast include eating:

- fruits, nuts
- vegetables
- water only to drink (to flush out toxins) Some say natural fruit juices may be included if they contain no preservatives, sugars, etc., but even those juices should be very limited. Coffee and tea are not permitted

Body, Soul, Spirit Fast

Body: 7 days of fruits, vegetables and water only (the Daniel Fast). The purpose of this fast is to clean out our system and train our physical bodies to eat and be healthier. The prayer focus during this period could be on healing of the body, mind, deliverance from addictions and habits etc.

Soul: 7 day fast from social media and potentially other forms of technology. The purpose of this fast is to re-focus the mind on Christ without outside influences. The emphasis during this period of time is to draw our attention to our purpose and calling through

prayer, study and even fellowship. The time generally used on social media is to be re-allocated to other more healthy and useful endeavors.

Spirit: 7 day traditional fast of 6am-6pm. The purpose of this fast is to shut down the physical man and focus on feeding the spiritual man through prayer and God's word. This week's prayer focus will be the church, our families, and personal needs that we are believing the Lord for in 2023 etc.

Theme Scriptures:

(Set Apart) 2 Chronicles 29:2-5

² And he did *what was* right in the sight of the LORD, according to all that his father David had done.³ In the first year of his reign, in the first month, he opened the doors of the house of the LORD and repaired them. ⁴ Then he brought in the priests and the Levites, and gathered them in the East Square, ⁵ and said to them: "Hear me, Levites! Now [Ⓛ]sanctify yourselves, sanctify the house of the LORD God of your fathers, and carry out the rubbish from the holy *place*.

(The Year of Supernatural Fruitfulness) Isaiah 32:15

Until the spirit be poured upon us from on high, and the wilderness be a fruitful field, and the fruitful field be counted for a forest

Primary Objectives:

- Sanctify Ourselves (1 Corinthians 3:16-17; 2 Corinthians 6:16)
- Sanctify the House of the Lord (Matthew 21:12-13)
- Cleanse the Temple of the Lord (2 Corinthians 7:1, Ephesians 5:26-27)
- Foster Unity (Matthew 18:19-20)

Day 1: Monday, January 9th 2023 (Prayer of Praise)

Additional Reading: Deuteronomy 32: 39- 40; 1 Chronicles 29: 10- 13; Psalm 145: 1- 3; Psalm 148: 1- 5; Psalm 149; Psalm 150; Isaiah 40: 25- 26; Matthew 6:13; 1 Peter 1:18- 19

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1. Father, in the name of Jesus, I praise You for Your Sovereignty, Greatness, Might, Power, Holiness, Majesty, Wisdom, Faithfulness, Compassion, Grace,
2. Father, in the name of Jesus, I praise You for Your Kindness, Longsuffering, Tender Mercies
3. Father, in the name of Jesus, I consecrate & dedicate myself and my family to Worship, Glorify and Lift Your Holy Name Up.
4. Father, in the name of Jesus, help me to magnify, praise and exalt You for being my God, Father, Lord and Savior.

Day 2: Tuesday, January 10th 2023 (Sanctify Ourselves)

"Genuine repentance brings spiritual revival and commitment!"

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16

Additional Scripture Reading: Deuteronomy 20:3; 2 Chronicle 7:14 – 18; Psalm 51; Psalm 65: 1-4; Psalm 107: 1-2; Jeremiah 33:8; Isaiah 52: 11- 12; Ezekiel 36:25; Amos 7: 1-6; 1 John 1:7-10; Matthew 6:12- 15; Mark 11:25; Luke 11:4 & 17: 3-4; Romans 6, 7 & 8; Galatians 5:19- 26; Hebrews 3: 12; Hebrews 4: 6- 11; Hebrews 9: 11- 15; 1 Peter 1:18- 19

1. Father, in the name of Jesus, reveal to Me All unconfessed sins, iniquities, filthiness, transgression in the entire Household/ Family, doubts, unbelief, fears, weaknesses in your life.
2. Father, in the name of Jesus, I confess, repent and Turn to You with all your heart, mind and soul.
3. Father, in the name of Jesus, I consecrate & dedicate myself and my family to You during this season of prayer & fasting.
4. Father, in the name of Jesus, help me forgive and receive forgiveness for any wrong that I have done. Cleanse me completely with the blood of our Lord Jesus.

Day 3: Wednesday, January 11th 2023 (Sanctify Ourselves)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16

Additional Scripture Reading: Job 11: 13- 19; Romans 12: 1-2; James 4:6 – 10; 1 John 3:5; 1 John 5:4- 5; 1 Peter 1: 13- 16; Philippians 4: 8- 9; Daniel 9; Deut. 4:29; Jeremiah 33:3; Hebrews 3: 8- 10;

1. Father, in the name of Jesus, help me to dedicate and consecrate my life and family to You.

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2. Father, in the name of Jesus, help me to walk in holiness, righteousness and purity in all my actions and thoughts.
3. Father, in the name of Jesus, help me overcome the weaknesses of my life, family and entire household.
4. Father, in the name of Jesus, teach me to surrender completely to You and The Holy Spirit.

Day 4: Thursday, January 12th 2023 (Sanctify Ourselves)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16

Additional Scripture reading: Matthew 6: 32- 34; Mark 12: 33; Luke 3: 21- 22; Luke 5:16; Luke 6: 12; Luke 9: 27- 28; Ephesians 1: 16- 19; Psalm 19; Psalm 39:12; Psalm 109:4; Psalm 119; Isaiah 49:8

1. Father, in the name of Jesus, help me to dedicate consistent time to seek Your face in prayer and fasting. For greater intimacy and fellowship with Your Holy Spirit.
2. Father, in the name of Jesus, increase my love and passion for You, Your Righteousness and the things that concern You. Ask Him to help you love Him with all your heart, mind, soul and spirit.
3. Father, in the name of Jesus, help me to walk by faith and doubt not. Remove all hindrances and obstructions in me that limit Your move in my life and family.
4. Father, in the name of Jesus, help me to walk in a deeper knowledge and understanding of Your word.

Day 5: Friday, January 13th 2023 (Sanctify Ourselves)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16

Additional Scripture Reading: Deuteronomy 11; 22- 28; Deuteronomy 33: 10; John 10: 3-5, 16, 27; John 14: 16- 18 John 16: 13- 15; 1 Corinthians 2: 10- 16; Ephesians 1: 17- 20; Hosea 14:8; Joel 2: 28- 30; Proverbs 4: 4- 9; Hebrews 3:7- 17;

1. Father, in the name of Jesus, teach me to hear and know Your voice leading me and guiding me in every area of my life and family.
2. Father, in the name of Jesus, give me the spirit of wisdom, understanding, knowledge, counsel necessary for supernatural living and manifestation.

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3. Father, in the name of Jesus, give me spiritual dreams and visions so that I may be extraordinarily fruitful in every area of my life and sphere of influence.

4. Father, in the name of Jesus, I need to baptism and power of the Holy Spirit resting upon my life and family.

Day 6: Saturday, January 14th 2023 (Sanctify Ourselves)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16

Additional Scripture Readings: Genesis 39: 7- 10; Psalm 42:1-7; Psalm 63: 1-11; Proverbs 2:2; Joel 1: 8- 20; Hebrews 8: 8- 13; Isaiah 11:1 -3; Jeremiah 32: 38- 40; Ephesians 1: 19- 23; 2 Corinthians 6:14- 18; 1 John 2:15- 20; 1 John 5: 3- 4

1. Father, in the name of Jesus, give me a clean and new heart and new spirit to love to obey and follow after You.

2. Father, in the name of Jesus, grant me the fear of the Lord that I may be quick to follow and obey God wholeheartedly.

3. Father, in the name of Jesus, grant that I will live an overcoming and empowered Christian life. Teach me to live above the inclinations of the flesh, devil and the world.

4. Father, in the name of Jesus, grant me spiritual stamina and maturity in the Lord.

Day 7: Sunday, January 15th 2023 (Sanctify Ourselves)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16

Additional Scripture reading: Genesis 39: 1-4, 6, 21- 23; Genesis 41: 38- 41; Deuteronomy 28: 1- 14; 1 Samuel 16:12- 13, 21- 23; Daniel 1: 4, 8- 17; Daniel 3: 28- 30; Daniel 6:3- 5; Amos 7: 1- 6; Joel 1: 13- 14; Joel 2: 15- 19; Galatians 5:16- 18; 3 John 1: 2;

1. Father, in the name of Jesus, give me divine direction for my life and family for distinction in all the affairs of life.

2. Father, in the name of Jesus, bless me and my household with Your blessings and prosperity for building Your kingdom.

3. Father, in the name of Jesus, help me to know what You have called me to do in Your kingdom and grant me the anointing to accomplish it.

4. Father, in the name of Jesus, help me to live in absolute obedience and faith towards You in every area of my life.

Day 8: Monday, January 16th 2023 (Cleanse the Temple, Foster Unity)

Primary Objective Scriptures: 2 Corinthians 7:1, Ephesians 5:26-27, Matthew 18:19-20

Additional Scripture reading: Exodus 15: 26; Deuteronomy 7: 15; Judges 6: 24; Psalm 23; Psalm 41:3; Psalm 147:3; Isaiah 30:26; Isaiah 53:5; Jeremiah 30:17; Jeremiah 33:6; Jonah 2: 5- 7; Hosea 6:1; Malachi 4:2; Matthew 8: 14- 17; Matthew 9:35; 1 Peter 2: 24; 3 John 1: 2;

1. Father, in the name of Jesus, I believe and receive my complete healing and wholeness in every area of my being, my family physically, spiritually, emotionally and mentally, etc.
2. Father, in the name of Jesus, deliver me and my entire household from infirmities, diseases and sicknesses and from any stubborn force of darkness in any area of my life.
3. Father, in the name of Jesus, protect and keep me and my family from the prevailing wickedness and sins in society.
4. Father, in the name of Jesus, protect and keep our children from being contaminated and corrupted in our schools and society at large by the blood of Jesus.

Day 9: Tuesday, January 17th 2023 (Cleanse the Temple, Foster Unity)

Primary Objective Scriptures: 2 Corinthians 7:1, Ephesians 5:26-27, Matthew 18:19-20

Additional Scripture reading: Genesis 2:23- 25; Deuteronomy 28:4; Joshua 24:15; Psalm 78: 6 -7; Psalms 127: 3- 5; Psalm 128: 1-6; Proverbs 4: 1- 2; Isaiah 43:17; Isaiah 52: 6- 10; Ezekiel 19:10; Malachi 4:6; Acts 2: 38- 39; Ephesians 5: 22- 33; Ephesians 6: 1- 4;

1. Father, in the name of Jesus, I pray for the blessing of the family, marriage relationships, and family harmony.
2. Father, in the name of Jesus, I pray against all family disunity, disharmony, dysfunction, divorce, separations, abuses within the family, prevalent & wicked practices of the world.
3. Father, in the name of Jesus, I pray for order in my family , home, business, workplace, church, nation and the world.
4. Father, in the name of Jesus, I pray that the hearts of father, mother, children and all may be united in true love, peace and understanding.

Day 10: Wednesday, January 18th 2023 (Cleanse the Temple, Foster Unity)

Primary Objective Scriptures: 2 Corinthians 7:1, Ephesians 5:26-27, Matthew 18:19-20

Additional Scripture reading: Exodus 31: 1- 11; Joel 2: 28; Luke 24: 46- 49; Acts 1:4-8; Acts 2:4; 38; Acts 4: 30- 37; Acts 6: 3- 8; Acts 20:28- 31; 1 Corinthians 2:2- 4; 1 Corinthians 4: 1- 2; Titus 1:7; 1 Timothy 3: 1- 2;

1. Father, in the name of Jesus, I pray the church leaders from the General Overseer & his leadership team, church pastors, elders, ministers, deacon, deaconesses, leaders of auxiliary groups, etc. to receive direction and anointing of The Holy Spirit to lead His people, home and abroad.

2. Father, in the name of Jesus, I pray that you will help all church leaders to be humble and dedicated shepherds over the flock of God. Ask that The Holy Spirit help the pastor (s), ministers to effectively minister to the needs of the people through the anointing of The Holy Spirit.

3. Father, in the name of Jesus, I pray that The Holy Spirit will use me in expanding the kingdom agenda including witnessing, teaching, preaching and ministering to the lost in our neighborhood. Lord, grant Your people great boldness to preach the gospel and be witnesses to the resurrection and power of the Lord.

4. Father, in the name of Jesus, I pray that the Holy Spirit will give our pastor (s), church leaders a passion to win the lost for Christ in accordance to the vision of The Church of the Living God, F.G.M – “To Rescue The Perishing and Care For the dying”.

5. Father, in the name of Jesus, I pray that You will forgive the church’s slumbering, sleeping, lack of spiritual urgency to the times. Please Father reignite and rekindle the fire of the Holy Spirit in us to be true witnesses to Your power and dominion.

Day 11: Thursday, January 19th 2023 (Cleanse the Temple, Foster Unity)

Primary Objective Scriptures: 2 Corinthians 7:1, Ephesians 5:26-27, Matthew 18:19-20

Additional Scriptures: Matthew 28: 18- 20; Mark 16: 15- 18; John 13: 13- 17, 34 -35; John 14:23; John 15: 12; John 17; 1 Corinthians 13:4; 1 John 4: 7- 16; Ephesians 5: 2;

1. Father, in the name of Jesus, I pray that the church will exemplify and demonstrate the love of Christ in our community.

2. Father, in the name of Jesus, I pray for the power of the Lord through the gifts of the Holy Spirit to demonstrate the power of God.

3. Father, in the name of Jesus, I pray that the anointing and giftings of the Spirit will influence all the ministries, auxiliaries, programs and activities of church to influence our community.

4. Father, in the name of Jesus, I pray that our church members and all that The Holy Spirit will draw into the church sanctuary will be soundly taught the unadulterated word of God to disciple men, women, boys and girls in Christ Jesus.

Day 12: Friday, January 20th 2023 (*Cleanse the Temple, Foster Unity*)

Primary Objective Scriptures: 2 Corinthians 7:1, Ephesians 5:26-27, Matthew 18:19-20

Additional Scripture reading: 1 Kings 18: 12; Isaiah 8:18; Joel 2: 28- 30; Deuteronomy 11: 19- 21; Matthew 18: 1- 14; Luke 1: 80; Luke 2:42- 52; 2 Timothy 1:5;

1. Father, in the name of Jesus, I pray that The Holy Spirit will enable and help us to train and mentor our children, youth and young adults in the ways of The Lord. That they may be a great generation full of the Spirit, Power, wisdom, the word of God and the anointing of the Spirit to radically affect their generation.

2. Father, in the name of Jesus, I pray that The Holy Spirit will help the church find an anointed and God- fearing vessel to lead our Youth & Young Adult group.

3. Father, in the name of Jesus, I pray that You will reveal Yourself in a magnified way through dreams and visions that will have a radical impact upon me and the community.

4. Father, in the name of Jesus, I pray that You will increase the level of selfless service and ministry through every auxiliary group / team/ member in the church.

Day 13: Saturday, January 21st 2023 (*Cleanse the Temple, Foster Unity*)

Primary Objective Scriptures: 2 Corinthians 7:1, Ephesians 5:26-27, Matthew 18:19-20

Additional Scripture reading: Deuteronomy 8: 28; Deuteronomy 28: 1- 14; Deuteronomy 29: 29- Daniel 2:28, 47- 49; Job 29: 1- 25; Mark 4: 11; Luke 8: 10;

1. Father, in the name of Jesus, I pray to know the secrets of God that makes the difference in our family, church, homes, work, businesses, careers, etc.
2. Father, in the name of Jesus, I pray that our children and all church members excel by the grace of God, in their educational and other.
3. Father, in the name of Jesus, I pray that any church member that has been waiting for permanent residency and naturalization in the United States of America will be favored this year.
4. Father, in the name of Jesus, I pray for the unmarried members of our church seeking to be married that The Lord will favor them this year.

Day 14: Sunday, January 22nd 2023 (*Sanctify Ourselves, Sanctify the Temple*)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16, Matthew 21:12-13

Additional Scripture reading: Exodus 6: 1- 8; Exodus 12: 31- 32; Psalms 40: 1- 3; 2 Kings 4: 1- 7; Isaiah 43:17; Isaiah 49: 24- 26; Ezekiel 36: 26; Malachi 3: 1- 7; Mark 8: 4- 8; Luke 5: 5- 7; John 5: 1- 9; 3 John 3: 2;

1. Father, in the name of Jesus, I pray that You deliver me and my household from all debt and all indebtedness.
2. Father, in the name of Jesus, I pray that You deliver me from all and every form of captivity.
3. Father, in the name of Jesus, I pray that You deliver me from every afflictions in my life and family.
4. Father, in the name of Jesus, I pray that You deliver me from every form of slavery to self, sin, the world system and the devil.
5. Father, I pray that you deliver from having a heart of stone and of unbelief.

Day 15: Monday, January 23rd 2023 (*Sanctify Ourselves, Sanctify the Temple, Cleanse the Temple*)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16, Matthew 21:12-13, 2 Corinthians 7:1, Ephesians 5:26-27

Additional Scripture reading: Genesis 2: 26- 31; Deuteronomy 8: 28; 1 Kings 17: 12- 15; 2 Chronicles 20:30; Isaiah 37: 30- 36; Isaiah 64:4; Psalm 90:4; Psalm 18; Joel 1: 1- 4; Zechariah 4:9; Malachi 3: 8- 12; Luke 5: 5- 7;

1. Father, in the name of Jesus, I pray for new and fulfilling work/ jobs, new contracts, profitable businesses, favors, promotions, destiny changing connections, healings, astronomical growth and progress in my life, my family and church.

2. Father, in the name of Jesus, I pray that you will fight all my battles this year and that I, my family and the church shall be victorious.

3. Father, in the name of Jesus, I pray that you restore to me all lost opportunities, abandoned dreams, goals, visions, projects, responsibilities, lost profits, lost promotions, etc. this new year.

4. Father, in the name of Jesus, I pray for your divine intervention in my life, my family, my finances, my health, my career, in the ministry.

5. Father, in the name of Jesus, I pray against all failure, all fears, all patterns of failures in my life, family and in the church.

Day 16: Tuesday, January 24th 2023 (*Sanctify Ourselves, Sanctify the Temple, Cleanse the Temple*)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16, Matthew 21:12-13, 2 Corinthians 7:1, Ephesians 5:26-27

Additional Scripture reading: Genesis 21: 1- 3; Genesis 18:10-14; 1 Samuel 1: 17 – 20; 1 Samuel 30: 18; 1 Kings 17: 12- 16; Jeremiah 46: 27 - 28; Zechariah 4:9; Matthew 17: 15; Matthew 4: 24; Matthew 10:1; Matthew 12: 15; Matthew 15:30; Mark 6:56; Luke 4:40 ; Luke 6: 17- 19; Luke 9: 1; 2; John 8: 36; Timothy 1:7;

1. Father, in the name of Jesus, I pray that You will deliver Your people from mental health problems/ illnesses, experiencing mental strongholds, from past mental problems and bondages to a life of freedom and liberty

2. Father, in the name of Jesus, I pray that You will remove all barrenness, yokes of bondage, helplessness, loneliness, despair, anxiety, from our midst.

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3. Father, in the name of Jesus, I pray that You will enable me to recover, pursue and overtake all my enemies.
4. Father, in the name of Jesus, I pray that every wicked seed and plant planted against my life, my family, the church be removed and destroyed.

Day 17: Wednesday, January 25th 2023 (*Sanctify Ourselves, Sanctify the Temple*)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16, Matthew 21:12-13

Additional Scripture reading: Genesis 2: 26- 31; Genesis 26: 12- 14; Isaiah 48:17; Ezekiel 36: 7; 8- 11; 3 John 1: 2; Joshua 1:3; 1 Samuel 30:18; Job 5:12; Psalm 68:1; Psalm 91: 1-16; Psalm 107: 1-2; Romans 8:19- 24;

1. Father, in the name of Jesus, I pray for the supernatural fruitfulness in my life, my family and the church. Ask Him to settle you in every area of your life, family, church, etc.
2. Father, in the name of Jesus, I pray that You grant me counsel and ensure my plans, goals, visions are in line with Your will and kingdom agenda
3. Father, in the name of Jesus, I pray that You will arise this year on my behalf and let all enemies be scattered.
4. Father, in the name of Jesus, I pray that You will expand our territory of influence and dominion in our community to the glory and honor of our Lord Jesus Christ.

Day 18: Thursday, January 26th 2023 (*Sanctify Ourselves [Countries, World Leaders], Sanctify the Temple [Christians worldwide], Cleanse the Temple*)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16, Matthew 21:12-13, 2 Corinthians 7:1, Ephesians 5:26-27

Additional Scripture reading: Genesis 18: 16- 33; Genesis 20: 3- 11; Genesis 41: 1; 2 Chronicles 7: 14; 1 Kings 14:23; Isaiah 45:17- 18; Jeremiah 11:13; Jeremiah 17: 14; Ezekiel 16: 24; Ezekiel 34: 16- 17; Hosea 1: 9- 11; Jonah 1: 1-2 ; Jonah 4:2, 9- 11; Matthew 28: 18- 20; John 3: 16- 17; Romans 10: 13;

1. Father, in the name of Jesus, I pray that you will have mercy upon the United States of America, Israel and all the nations of the world for turning their backs on You.

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2. Father, in the name of Jesus, I pray that You will have abundant mercy on all the leaders of the nation and the nations of the world, as they continue to espouse, pass, enact and defend anti- God and anti- Christ legislation.

3. Father, in the name of Jesus, I pray that You bring all wicked and unrighteous leaders to repentance.

4. Father, in the name of Jesus, I pray that Your own people of Israel, by whom we are connected in covenant to You through Jesus Christ our Lord; be brought to repentance and turn to Jesus Christ as their Messiah.

Day 19: Friday, January 27th 2023 ((*Sanctify Ourselves [Countries, World Leaders], Sanctify the Temple [Christians worldwide]*))

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16, Matthew 21:12-13

Additional Scripture reading: Genesis 18: 16- 33; Genesis 20: 3- 11; Genesis 41: 1; 2 Chronicles 7: 14; 1 Kings 14:23; Isaiah 45:17- 18; Jeremiah 11:13; Jeremiah 17: 14; Ezekiel 16: 24; Ezekiel 34: 16- 17; Hosea 1: 9- 11; Jonah 1: 1-2 ; Jonah 4:2, 9- 11; Matthew 28: 18- 20; John 3: 16- 17; Romans 10: 13;

1. Father, in the name of Jesus, I pray that You in Your mercy may visit all our world leaders, turning their hearts to our Lord Jesus.

2. Father, in the name of Jesus, I pray for all the people of the continent of North America, the nations (Canada, United States of America, Mexico, islands and all) that a revival will come upon Your Church and all the people of the lands represented.

3. Father, in the name of Jesus, I pray for all the people of continent of South American, nations and all its surrounding islands and all) that a revival will come upon Your Church and all the peoples of the lands represented.

4. Father, in the name of Jesus, I pray for all the people of the continent of Europe, nations and all its surrounding islands and all territories) that a revival will come upon the Church and all the people of the lands represented.

Day 20: Saturday, January 28th 2023 ((*Sanctify Ourselves [Countries, World Leaders], Sanctify the Temple [Christians worldwide]*))

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16, Matthew 21:12-13

Additional Scripture reading: Genesis 18: 16- 33; Genesis 20: 3- 11; Genesis 41: 1; 2 Chronicles 7: 14; 1 Kings 14:23; Isaiah 45:17- 18; Jeremiah 11:13; Jeremiah 17: 14; Ezekiel 16: 24; Ezekiel 34: 16- 17; Hosea 1: 9- 11; Jonah 1: 1-2 ; Jonah 4:2, 9- 11; Matthew 28: 18- 20; John 3: 16- 17; Romans 10: 13;

1. Father, in the name of Jesus, I pray for all the people of the continent of the Middle East, the nations and all its surrounding islands and all territories) that a revival will come upon the Church and all the people of the lands represented.

2. Father, in the name of Jesus, I pray for all the people of the continent of Asia, the nations and all its surrounding islands and all territories) that a revival will come upon the Church and all the people of the lands represented.

3. Father, in the name of Jesus, I pray for all the people of the continent of Africa, the nations and all its surrounding islands and all territories) that a revival will come upon the Church and all the people of the lands represented.

4. Father, in the name of Jesus, I pray for all the people of the continent of Antarctica, nations and all its surrounding islands and all territories) that a revival will come upon the Church and all the people of the lands represented.

5. Father, in the name of Jesus, I pray for all the people of the continent of Australia/ Oceania , nations and all its surrounding islands and all territories) that a revival will come upon the Church and all the people of the lands represented.

Day 21: Sunday, January 29th 2023 ((*Sanctify Ourselves [Countries, World Leaders], Sanctify the Temple [Christians worldwide]*)

Primary Objective Scriptures: 1 Corinthians 3:16-17; 2 Corinthians 6:16, Matthew 21:12-13

Additional Scripture reading: Genesis 18: 16- 33; Genesis 20: 3- 11; Genesis 41: 1; 2 Chronicles 7: 14; 1 Kings 14:23; Isaiah 45:17- 18; Jeremiah 11:13; Jeremiah 17: 14; Ezekiel 16: 24; Ezekiel 34: 16- 17; Hosea 1: 9- 11; Jonah 1: 1-2 ; Jonah 4:2, 9- 11; Matthew 28: 18- 20; John 3: 16- 17; Romans 10: 13;

Set Apart: The Year of Supernatural Fruitfulness, 2023

1. Father, in the name of Jesus, I believe that You have heard from Your Heavens and answers all the prayers I have presented before Your throne.
2. Father, in the name of Jesus, I thank You empowered me to seek Your face humbly with prayer and fasting and with a contrite heart and spirit.
3. Father, in the name of Jesus, I praise You Father, Son & Holy Spirit for being God and Sovereign over the entire universe and the earth.
4. Father, in the name of Jesus, I pray that Your face and presence may overshadow and come upon me to face all the challenges of this new year by Your strength and power.